



Windermere[®]

*everyone is someone
in our community*

Casey Afghan Women Support Group



Aims of group:

- Healthy eating and health promotion
- Improve nutrition knowledge
- Better understanding of link nutrition and health
- Social inclusion
- Information session - Ways of living in Australia, parenting, nutrition, etc.



For: All women from Afghan background

Sessions: ***Every Tuesday***

(Except school holidays)

Times: 12.00pm to 2.00pm

Venue: P-12 College

Amberley Drive, Narre Warren

Cost: Contribution

To book or Please contact

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