



Windermere®

*everyone is someone
in our community*

TheraTogs™ 1 day Workshop

TheraTogs™ is a live-in exo-muscular system for neuromotor, postural and sensory training. Developed by Beverly (Billi) Cusick (PT, MS), the system provides a versatile, flexible approach to addressing and managing mobility, sensory input and stability issues. The new Posture Torso Alignment System is an entry level “starter system” especially designed for clinicians new to TheraTogs™

Wear it . Live it . Learn it .



- Date:** Saturday 15th October 2011
- Time:** 8:30am to 4:30pm
- Venue:** Windermere's Biala ECDS
26 Parkhill Drive, Berwick
- Cost:** \$200.00 (incl's gst). Morning tea, Lunch & Afternoon tea will be provided.
- Dress:** It is recommended that participants wear comfortable clothing. Participants should also bring bike shorts or leggings to wear during the afternoon practical session.
- Presenter:** Tiffany Chan, Physiotherapist

About the presenter:

Tiffany has worked with children since 1999 and has worked in both Australia and the UK. Since 2004 she has been physiotherapist and Therapy Team Leader at Windermere's Biala Early Childhood Development Services. In 2010 Tiffany was trained and authorised by Beverly Cusick to teach her Developmental Orthopaedics—Biomechanic and Kinesiological Influences and Problems Course, as well as provide courses, in-services and consultation on TheraTogs™ products.

Disclaimer:

Neither the presenter nor Windermere benefit financially from the sale of TheraTogs™ products. Milestones Therapy (www.milestonetherapy.com.au) are the exclusive Australian supplier and distributor of TheraTogs™ products.



Course Information & Registration - Saturday 15th October 2011

This practical one day course is designed for clinicians wanting to learn more about and experience the benefits of TheraTogs™ .

Learn about the theoretical processes behind the development of TheraTogs™:

- Physiologic adaptation
- Muscle Balance Theory
- Postural Control
- Motor Learning

Explore and experience for yourself strapping applications to improve:

- Weak trunk muscles
- Flexible kyphosis or lordosis
- Excessive or diminished pelvic tilt
- Shoulder protraction
- Sitting and standing balance deficits
- and more



Cancellation Policy:

Cancellations must be in writing at least 2 weeks prior to the training and will incur a \$25 cancellation fee. Cancellations received within less than 2 weeks will incur a 50% fee. No refund less than 48 hours prior to the workshop.

Workshop is limited to 18 participants. Registration is finalised upon receipt of payment. If interest exceeds maximum participants, a second workshop date can be added.

Send completed form to:

Marlene Hills, Administrative Officer
Windermere's Biala ECDS
C/ 48 Webb Street, Narre Warren, 3805
Phone: (03)9709 6900 Fax: (03)9709 6950 Email: marlene.hills@windermere.org.au

YOUR INFORMATION

Name: _____	Please list any special dietary requirements below: _____ _____ _____
Organisation: _____	
Profession: _____	
Address: _____ _____	
Email: _____	
Phone: _____	

PAYMENT METHOD

Mastercard Visa Cheque EFT
BSB: 083 214 A/C no: 518 358 277
Ref: Theratogs & Your Name

Amount Due: \$200.00 (GST inclusive)

Cardholder Name: _____ Expiry Date: _____

Card Number:

Signature: _____

Company/individual to receive invoice/
receipt:

