



Birds of a Feather

A 7 week creative arts therapy and support group for women who have experienced family violence.



- ◆ Creative arts activities to explore your thoughts, feelings, hopes, wishes and dreams for the future
- ◆ Meet other women who have lived through similar experiences to your own
- ◆ Share stories, support one another, and form new friendships with women in your local community
- ◆ Art skills not required!
- ◆ Group facilitated by experienced Counsellors

For	Women who have experienced family violence		
Date	Every Friday — 28th October to 9th December 2011	Cost	\$30 contribution towards food & materials. (This cost covers all sessions) (Bring some healthy lunch to share with the group)
Times	10.00am to 12.30pm Group Work (12.00pm to 12.30pm—Morning Tea)	To book or for more info	Contact Chloe Lonsdale on (03) 9705 3200 or email info@windermere.org.au
Venue	Windermere 48 Webb Street Narre Warren	Please notify if you are unable to attend any session	

