

## 1.03 DIVERSITY

### Purpose Statement

Ensuring children have the right to an education that respects their additional needs, family, culture and other identities and languages is an important consideration in educational program planning within a Family Day Care environment. A supportive and culturally safe environment provides children with an opportunity to experience a positive sense of belonging, being and becoming.

Educators' practice should be reflective and inclusive of the diverse needs of children so that they are not disadvantaged by an educator's bias or views.

### Scope

This policy applies to all salaried full time and part time staff (including casuals), educators, contractors, children and families.

### Definitions

*Diversity:* differences in cultural and linguistic background, gender, lifestyle, sexuality, socio-economic status, family composition, personal beliefs and values.

*Cultural Protocols:* refers to the customs, lore and codes of behaviour of a particular cultural group and a way of conducting business.

*Additional Needs:* a broad term that can include children and families with intellectual or cognitive delay, speech or language delay, specific medical conditions (i.e cystic fibrosis, anaphylaxis) and emotional needs resulting from trauma or grief.

### Policy Statement

TO ENSURE THAT ALL PEOPLE ARE TREATED AND RESPECTED EQUALLY REGARDLESS OF GENDER, AGE, SOCIO-ECONOMIC STATUS, RACE, LANGUAGE, BELIEFS, ADDITIONAL NEEDS AND FAMILY STRUCTURE OR LIFESTYLE.

### Procedures

#### *Program Requirements*

1. Educators are required to provide children with programs that suit their individual needs based on their current knowledge, ideas, culture, abilities and interests.
2. Educators will discuss the diverse needs of the children enrolled in their education and care setting with parents and/or guardians and identify ways in which these needs can be addressed when program planning.
3. Educators will support and encourage children to be fair and respectful of others.
4. When children with additional needs enrol in a service, educators will discuss these specific needs with parents/guardians and identify ways to address these needs (i.e. singing songs and nursery rhymes for a child with speech delay).

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5. Educators are encouraged to be a positive role model in guiding and educating children. Be aware that your actions, language, gestures and behaviours may communicate biased or prejudiced opinions or feelings. Use language that promotes equity and challenge stereotypes when engaging in play based activities with children (ie. role play single parent families when playing dolls houses with children).
6. Educators are encouraged to discuss their own personal experiences, biases and prejudices with co-ordinators during field visits. Being aware of one's own beliefs and viewpoints, and discussing these openly, can be of great personal benefit when wanting to develop professional skills and knowledge.
7. Be aware of cultural protocols and discuss these with children and their families. Cultural protocols are unique to different communities so it is always important to be respectful and ask what these may be. Do not assume. Examples of cultural protocols may include:
  - a. Greetings – ask how children and families prefer to be greeted (ie preferred name or title)
  - b. Engaging elders in all decision making activities (i.e. Aboriginal culture)
  - c. Encouraging Islamic children to eat and drink with their right hand
  - d. Being respectful when meeting an infant for the first time. In some cultures (i.e. Vietnamese) it is regarded as 'bringing bad luck' if you comment on how beautiful the baby looks. A good way of avoiding this, is for instance by commenting on how much the baby resembles the mother or father.
  - e. Asking permission before photographing a child
  - f. Mealtime etiquette (i.e reciting grace, eating with chopsticks etc)
  - g. Celebrating special occasions – Easter, Christmas, New Year, birthdays etc. Are these milestones celebrated and if so, how?

### ***Embedding Culture in Practice – Suggestions for Educators***

There are a number of ways in which educators can embed history and culture into everyday practice. The below table provides a number of suggestions for educator's.

Suggested Activity	Strategies
Storytelling	<ul style="list-style-type: none"> <li>Visit the library and look for 'Dreamtime' stories to share with children</li> <li>Access Dreamtime stories online to share with children</li> <li>Engage children in NAIDOC week celebrations (held around Australia each July to celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander peoples).</li> </ul>
Music	<ul style="list-style-type: none"> <li>Identify what music children enjoy listening to and play during rest times</li> <li>Visit toy libraries to borrow musical instruments that represent different cultures.</li> </ul>



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Art	<ul style="list-style-type: none"><li>Engage children in varied art and craft activities that represent the cultures of the children enrolled in care (ie Chinese lanterns, aboriginal clapping sticks etc).</li></ul>
Diversity Calendar	<ul style="list-style-type: none"><li>Use a diversity calendar as a guide NOTE: the Department of Social Services produce an excellent calendar of cultural and religious dates. You may like to use this as a reference: <a href="https://www.dss.gov.au/our-responsibilities/settlement-and-multicultural-affairs/programs-policy/a-multicultural-australia/government-building-social-cohesion/calendar-of-cultural-and-religious-dates">https://www.dss.gov.au/our-responsibilities/settlement-and-multicultural-affairs/programs-policy/a-multicultural-australia/government-building-social-cohesion/calendar-of-cultural-and-religious-dates</a></li></ul>

### Relevant Standards/Legislation

- National Quality Framework for Early Childhood Education and Care Services including:
  - Education and Care Services National Law 2011
  - Education and Care Services National Regulations 2011
- Occupational Health and Safety Act 2004

### Related Policies & Links

- Understanding Children's Behaviour* procedure
- Interactions with Children* procedure
- Sleep & Rest* procedure
- Department of Social Services, Calendar of Cultural and Religious Dates

### Suggestions for families

Parenting across cultures can sometimes be challenging, especially when the values and expectations of one culture are different to those from another. This can make it difficult for families to feel a sense of belonging to any community. However, when parents and carers find a way of parenting that feels right for them, it helps the whole family to develop a cultural identity and a sense of belonging. This is particularly important for children, because a sense of belonging and a strong cultural identity supports their mental health and wellbeing. There are lots of things that can help families to develop a sense of belonging, including:

#### Identifying your own culture

Developing a sense of cultural identity supports the development of your child's identity and self-esteem, as well as their feeling of belonging to their community. These are all protective factors for mental health and wellbeing in early childhood. Children's cultural identity develops through language, storytelling, relationships, and traditions and routines. You can help your children to connect with their heritage by sharing cultural stories and practices.

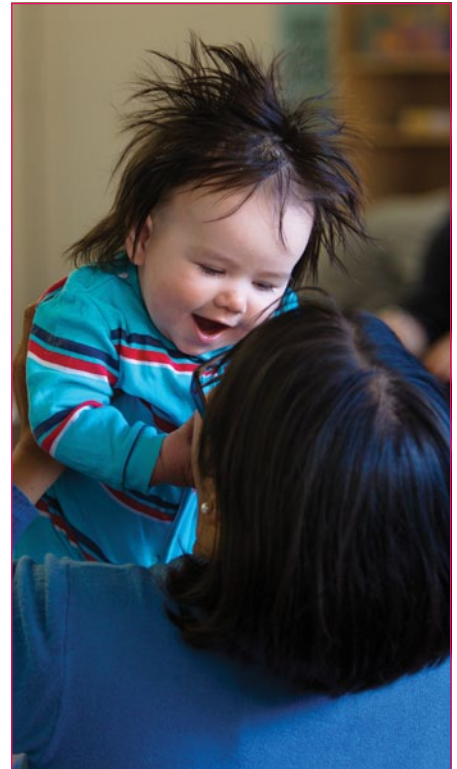
#### Getting to know your child's ECEC service

Becoming involved in your child's ECEC service is a great way to develop connections and a sense of belonging to your community. There are often opportunities to participate in activities at the ECEC service that will help you to meet educators and other families. Forming relationships with educators at the ECEC service can also help your family to feel like you belong. Having a good relationship with educators allows you to ask them questions about the service and your child's experiences there and to share your cultural background. When families and educators develop relationships, they are more able to understand each other's perspective, talk through concerns and support children together.

#### Building social networks

Friendships and social networks are important both for children and their families, because they help you to feel part of the community. Making connections with other families can help you feel welcome and that you belong. You might build connections across many different social and cultural groups. Your children's ECEC service is often a great meeting point for parents and carers that can lead to long-term friendships.

**Developing a sense of cultural identity supports the development of your child's identity and self-esteem**





### Seek support

Getting help at times of stress is important for everyone. It might be useful to have assistance in your own language when trying to manage complex issues. Sometimes it can take time to find the right person or organisation to help you and your family. Help and support is available in many places, like government agencies (e.g., parenting and family support services), community organisations (e.g., neighbourhood centres and ECEC services) and English language programs.

### Remember that it takes time to adjust

Adjusting to a new life after migration can have lots of challenges for families and children. Adults and children often need different things to help them adjust to their new community. For example, young children often need extra time and support to help them adjust to all of the changes. In this case, strong relationships and secure, caring environments at home and at an ECEC service can help to provide a sense of stability and belonging. Adults can sometimes need support themselves to help their children adjust after migration. Finding people who understand what your family is experiencing and who can support you through those changes is really important. Your ECEC service is one place that might be able to assist.

**... strong relationships and secure, caring environments at home and at an ECEC service can help to provide a sense of stability and belonging.**



## Suggestions for educators

Culture and the context of family are central to children's sense of identity, belonging and success in lifelong learning. Educators have a very significant role to play in supporting children and families from culturally diverse backgrounds. When educators are welcoming and approachable, accepting of difference and able to respect multiple ways of being, it helps children and their families to build a sense of belonging and trust. There are many ways ECEC services can support the mental health and wellbeing of children from culturally diverse backgrounds. Some ideas that might assist educators to support culturally diverse families include:

### Get to know families at your ECEC service

Every family is different. Getting to know all of the families at your ECEC service means there is less chance of assumptions being made about backgrounds, cultures or practices. Asking families about their lives and culture is the best way to get to know them and what is important to them. When educators understand the experiences of families and their cultures, they are better able to support children with their development and learning.

### Be open to different types of families

Families from culturally diverse backgrounds can also be unique in their composition. Families can be small or large, may or may not be biologically related and may include several generations. When educators are able to include all families, it helps families to feel more welcome in the ECEC service.

### Work to develop positive relationships with families

Relationships help people understand each other and work together. Coming to an ECEC service might be a new experience for some families, so developing positive relationships can help build a sense of belonging and inclusion. A positive relationship with an ECEC service also means a family is likely to be more comfortable about approaching educators. Families are an important source of information and insight about their children and the hopes or concerns they might hold for them. Educators can ask families what is important to them and invite them to participate in the ECEC service. An orientation session can assist new families develop positive relationships with their ECEC service. Positive relationships support families, convey respect for diversity and foster children's social and emotional wellbeing.

### Be thoughtful about communication

When spoken or written English is a barrier, interpreters or translated material can help educators and families communicate with one another. When working face to face with interpreters, always remember to talk to the family not to the interpreter. Ask questions to ensure families understand what has been said. It can be helpful to provide additional time to listen to families and allow them to ask questions too. Respect for diversity is also communicated by the environment and resources at an ECEC service; so it is helpful to be mindful of the messages your environment sends about diversity.

### Mutual respect for diversity

Educators can encourage a positive environment by inviting diversity into the service. For example, providing a range of opportunities for children and their families to share their personal stories creates an atmosphere of cultural respect and acknowledgement of diversity. Mutual respect across cultures involves being open to different ideas and approaches and appreciating the enrichment this provides. When educators are aware of cultural differences in parenting, sensitive to the issues faced by families and conscious of power differences, this supports good relationships with families.

**When early childhood educators respect the diversity of families and communities, and the aspirations they hold for children, they are able to foster children's motivation to learn and reinforce their sense of themselves as competent learners.<sup>1</sup>**



<sup>1</sup>(Belonging, being and becoming: The Early Years Learning Framework for Australia, Department of Education, Employment and Workplace Relations, 2009, p. 13).



## Create community connections

Being safe and feeling safe can take time to achieve. Some families may have experienced significant trauma and disruption in the process of moving to or settling in Australia. These experiences can have ongoing effects on families. It can be helpful for families to have opportunities to talk about their experiences and to receive sensitive support when required. Families are better able to support their children when they are informed about and are connected to their community (e.g., support services and social networks). Specialist services are available in different states to provide assistance to families from culturally diverse backgrounds.

## Counter racism and discrimination

Race-based discrimination is any behaviours or practices that result in avoidable and unfair disadvantage for minority racial/ethnic/cultural groups and privilege majority groups. It can occur at both individual and organisational levels. Racism can be countered by promoting positive attitudes and practices regarding diversity among individuals and organisations. This includes identifying and challenging the kinds of practices that disadvantage or discriminate against those of different racial or cultural backgrounds and promoting inclusive practices in their place.

Steps educators and ECEC services can take to support families who have experienced racism include:

- ▶ engaging in thoughtful conversations
- ▶ demonstrating empathy and support
- ▶ challenging prejudices, stereotypes and discriminatory behaviour
- ▶ reviewing policies and practices to promote inclusion
- ▶ increasing knowledge of accurate information to counter or dispel false beliefs regarding minority groups
- ▶ providing information about support services.



**Families are better able to support their children when they are informed about and are connected to their community ...**



This resource and further information on the national KidsMatter Early Childhood initiative is available to download at [www.kidsmatter.edu.au](http://www.kidsmatter.edu.au). The KidsMatter Early Childhood team also welcomes your feedback which can be submitted through the website.



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A voice for young children



**APS** Australian Psychological Society

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