



Consultation

Our experienced team provide consultations and professional development sessions to support services, educational organisations and community groups. We use adult learning techniques to provide evidence-based training for your organisation. Windermere deliver training & consultation in:

- Positive Behaviour Support.
- Speech and language
- Fine motor development
- Gross motor development
- Inclusion support, to ensure children have a more positive experience.
- Assessments and reports for individual funding submissions.
- In-house professional development sessions for workplace staff on a variety of topics.

If your child has more complex concerns you may be interested in our Key Worker Service. Speak to the team for more details:

Phone 1300 946 337

Email ndis@windermere.org.au or

Visit windermere.org.au/services



Require an interpreter?

We can arrange an interpreter for you at no cost.

Our Service Approach

Achieving the best outcome for you is at the heart of everything we do.

We work closely with you and your family to identify and understand what is most important. Together, we partner with you to develop realistic personal goals and targets that matter to you; we use your individual strengths and capabilities to help you reach them.

With the benefit and continuity of one dedicated worker, you'll also receive access to the expertise of our entire team – a team who understand your immediate and long term goals and are committed to helping you get there.

Through our practical and measured approach, we are committed to ensuring your health and wellbeing goals are met effectively.



Windermere are a registered service provider through NDIS, DHHS and DSS.

Windermere are quality accredited against the QIC Health and Community Services Standards.

Our wait times vary depending on the service, please contact us to find out.

About Windermere

Windermere is an independent community service organisation working across south east Victoria to help those who need it most. Since our beginning more than 150 years ago, we have been working to create a stronger, more connected and supported community.

Our support comes in many forms as we work together to find the right solutions for the many and varied complex issues faced by children, families and individuals in our community.

Our aim is to get in early by providing programs and services within these primary areas:

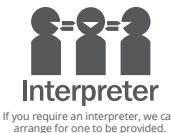
1. Family Wellbeing to create positive behavioural changes, greater understanding and respond to violence and/or neglect.
2. Childhood Development, Education & Support including child care and services for children and adults with developmental delays and disability.
3. Assistance and support for victims of trauma, assault and/or violent crime.
4. Community Strengthening designed to respond quickly to critical and emerging needs.

Whilst we receive funding for some services from state and federal governments, others are funded solely by donors and sponsors to whom we are truly grateful.

We believe that everyone is someone in our community and that is reflected in our approach with those we work with everyday.



We are located at number of sites across South Eastern Victoria. Contact us for more details:
Phone: 1300 946 337 | windermere.org.au



Are you concerned about your child's development?



Registered NDIS & DHHS service provider

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Our Allied Health Services

Our Early Intervention and Therapy team work with you and your child to identify goals and develop strategies on how to achieve them.

Our therapists consider your child's overall development including their physical, cognitive, sensory, social, communication and psychological needs and are up to date with the latest research.

We offer assessments, evidence based interventions, education and advice. We can provide relevant reports and support for your funding applications.

Our team use a fun and holistic approach and are flexible and responsive to yours and your child's needs. We provide assistance within your home, at our clinic, or at the location of your choice such as your child's kindergarten, school or even at the park.

Psychology and Behaviour Management

Our Psychologists provide a space for you to think about your child's emotional and psychological needs to build emotional resilience, positive behaviours and mental wellbeing.

We can help you with:

- Positive behaviour support and planning to help your child learn new skills to manage their behaviour in a range of situations.
- Emotional regulation strategies to help your child to manage their own emotions more effectively.
- Social skills for your child who may find it difficult to get along with others.
- Strategies for your child to manage their anxiety.
- Parenting support as you increase your understanding of your child's needs. We can support you to implement new parenting approaches.

We may work directly with your child however the most effective change is seen when we work with you, your family and anyone else in your child's life to support their needs.

Speech Pathology

Our Speech Pathologists work with you and your child to develop your child's speech and language skills. They will work with you and your child to build on their communication skills and support them to participate actively in social and educational settings.

We can help you with:

- Understanding your child's actions, sounds and behaviours during routines and play.
- Developing your child's language skills, such as the way they use sentences or join words together.
- Speech articulation so your child can be understood by others.
- Feeding and swallowing difficulties so that mealtimes are a positive and safe experience.
- Social communication to help your child interact with others.
- Parent education programs such as the Hanen Programs It Takes Two to Talk and More Than Words.

We also offer specialist support for children with complex communication difficulties, including:

- Childhood Apraxia of Speech (CAS).
- Non-verbal communication.
- Assessing and implementing Augmentative and Alternative Communication (AAC) systems.



Occupational Therapy

Our Occupational Therapists work with you and your child to help your child build greater independence in their day to day activities. We offer fun and practical strategies to increase your child's skills, confidence and self-esteem.

We can help you with:

- Developing your child's self-care skills like dressing and tying shoe laces.
- Skills your child uses at school such as writing, cutting and sitting. Building your child's fine motor skills, strength, and hand-eye coordination for play.
- Sensory, social and emotional regulation so your child can monitor and manage their emotions. We can help you to understand your child's sensory needs and give strategies so you can address any sensitivity that may be impacting on their behaviour.

Dietitian

Our dietitians work with you and your child to improve health and wellbeing and support food and nutrition needs.

We can help you with:

- Managing and improving your child's nutrition.
- Reducing mealtime stress and creating positive experiences.
- Sensory processing difficulties (such as texture or smell).
- Food allergies and/or intolerances.
- Preventing or managing chronic illnesses.
- Issues and concerns around feeding.
- Gastrointestinal and bowel conditions.
- Weight & appetite management.
- Managing enteral feeds (such as tube feeding) or advice around tube weaning.



Physiotherapy

Our Physiotherapists work with you and your child to develop your child's physical skills in a fun and practical way.

We can help you with:

- Teaching your child early movement skills such as rolling, sitting, standing and walking.
- Improving your child's balance and co-ordination to run, jump, climb and play.
- Teaching your child playground skills such as throwing, catching and following rules so they can participate in games and organised sports.

We also offer specialist support for children with complex physical difficulties, including:

- Strategies for postural management and physical development.
- Equipment trials and applying for funding for specialised equipment.

Funding and Referrals

Our team can assist you to identify the right funding stream and the type of referral you need for your situation. Allied health care services can be purchased through NDIS or your own funding source such as private health insurance.

For more information visit:
windermere.org.au/services/funding-options.