



Repair-enting (Online Program)

A structured, online program for dads who have completed a men's behaviour change program in the past year, and who are currently parenting children on a part- or full-time basis, or hoping to redevelop a relationship with their children.

The program covers:

- fathering - how it's changed
- developing short- and long-term parenting goals
- positive discipline
- providing structure
- what legacy do you pass on?
- problem solving
- understanding how children think
- providing warmth.

The program will provide you with the opportunity to discuss:

- more effective ways to parent
- ways to restore and repair your relationship with your children
- ideas to help your children heal from the effects of your use of violence and abuse.

**Image for illustrative purposes only.*

Repair-enting is provided by Relationships Australia Victoria. The Communities for Children Initiative in Windermere is supported by the Australian Government. Visit www.rav.org.au to learn more.

Ideal for

Dads who have used violence in their relationships and have a connection to the Cranbourne area (place of residence, work, school, or relatives).

When

Nine sessions, from 6:30-8pm on Mondays in 2021.

- 11, 18, 25 October
- 1, 8, 15, 22, 29 November
- 6 December.

Where

Delivered online via Zoom webinar.

Cost

Free of charge (Bookings essential as places are limited).

Expressions of interest

To express your interest or to find out more, call Relationships Australia Victoria's Cranbourne Centre on (03) 5990 1900, or email cranbourne@rav.org.au.

A brief telephone assessment will be held prior to the group, to confirm that this group is suitable for your circumstances.